

KLM/LLW/LH  
September 2018

Dear Parent/Carer

### **Learning for Life and Work**

We are always mindful that we are delivering an up to date PSHE curriculum which adequately meets the needs of all our learners and equips them with the knowledge and skills necessary to manage different situations. To that end, we are delighted to announce the introduction from September 2018 of a new PSHE curriculum in years 7-11. The new 'Learning for Life and Work' (LLW) curriculum will replace the old ECM programme of study. The new curriculum has been put together carefully using staff and student feedback and in consultation with the PSHE Association.

The new LLW curriculum will comprise of three strands; Health and Wellbeing, Relationships and Living in the Wider World. Each strand will have a unique focus and set of aims.

#### **Strand 1 – Health and Wellbeing**

This unit will focus on developing and maintaining a healthy lifestyle. This includes learning about mental health as well as physical health. It covers how to deal with risks young people face by promoting ways to build resilience, ways of managing disappointment and how to deal with stress. Students will also learn basic CPR and develop strategies to manage their own mental and physical health.

#### **Strand 2 – Relationships**

This unit will focus on developing and maintain a variety of healthy relationships within a range of contexts. This includes learning about risky or negative relationships including all forms of bullying (including the distinct challenges posed by online bullying) and abuse, sexual and other violence and online encounters. It covers how to recognise and manage emotions within a range of relationships as well as managing loss including bereavement, separation and divorce.

#### **Strand 3 – Living in the Wider World**

This unit will focus on how to make informed career and education choices and be enterprising and ambitious. This includes learning about rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy.

LLW lessons will take place on a Wednesday period 5 for one hour and will be delivered by trained members of staff. If you would like any further information about the new curriculum, please visit our website or contact me at the Academy.

Yours sincerely,



Mrs K Martindale  
**Head of Learning for Life and Work**