

14 March 2016

Dear Parent/Guardian

Race for Life 2016

Longsands Academy is holding its very own Year 8 race for life event for Cancer Research UK.

Our youngsters are the generation that could see ground-breaking treatments and cures for cancer in their lifetime. They're the next generation of researchers and lifesavers. By taking part in Race for Life and uniting together against cancer, they'll be doing something really special.

Cancer Research UK receives no government funding for their research, so the more of us who join the fight against cancer, the more money we can raise to beat cancer sooner.

We're racing for life on Wednesday 20th April 2016 here at Longsands Academy during Periods 3 and 4. Students will need to wear appropriate sports clothing and wear as much pink, blue and purple as possible, in order to reflect the colours of Cancer Research UK. The target distance will be 5km and students can run, jog or walk, as much or as little of the course, as appropriate. They will also receive a medal should they complete the 5km distance. However, we aim to put markers at each kilometre along the route so that there is the option for all students to achieve and to be sponsored by the kilometre should that be the preferred option. For those who feel able and would like, there is equally the opportunity to exceed 5km.

Each student will receive a sponsor form, which will be handed out during registration, and we would urge them to gather as much sponsorship money as possible. There is also the option of donating to our Just Giving page at <https://www.justgiving.com/Longsands-Academy>. After the event, all sponsor money not donated via Just Giving will then need to be collected and taken to the Finance Office at School.

Students will be able to go round the course at their own pace and, therefore, will not be placed under any pressure to push themselves beyond a speed or distance with which they are comfortable. However, should you have any concerns, please do not hesitate to contact us.

Many thanks for your support



Miss C Cann
Head of Maple School